

# 40 Things to do before you're 15...

## SECONDARY CHALLENGES

- Enter a competition
- Take part in a reading challenge
- Write a postcard or letter and post it to someone you know
- Make a gift for someone
- Operate a computer safely
- Create your own blog/website
- Play a card game
- Teach someone a new skill
- Try a new activity
- Open a bank account
- Know basic information about three careers that suit you
- Write a CV
- Visit a college/University
- Practise a mindfulness technique
- Complete a 24hr digital detox
- Make someone a cup of tea
- Make your own lunch
- Change your own bedclothes
- Cook a meal or bake a cake
- Wash a car
- Pick up litter
- Volunteer for 5 hours or more
- Learn basic First Aid
- Raise money for charity
- Visit 3 local places of interest
- Try Geocaching or orienteering
- Make and go on a picnic
- Paddle in the sea at the seaside
- Hunt for fossils on the beach
- Swim 50m easily
- Climb a hill or mountain
- Join the Library
- Visit a zoo/animal centre
- Visit a Gallery
- Visit the Theatre
- Watch a sporting / musical event
- Visit a UK city
- Complete a residential/stay away from home without parent/carer
- Plant, grow and eat your own vegetables
- Mow the lawn