



Smithdon High School  
Mr J Hirst  
Headteacher  
Downs Road, Hunstanton  
Norfolk PE36 5HY  
Telephone: 01485 534541  
e-mail: [office@smithdonhigh.org.uk](mailto:office@smithdonhigh.org.uk)  
website: [www.smithdonhigh.org.uk](http://www.smithdonhigh.org.uk)

Ref: SFa/LT

24 September 2020

Dear Parents

I am writing to you to inform about the launch of an important programme of study for all from 28 September 2020.

You may or may not be aware, that due to Government legislation, all schools in the UK will be required to offer Sex and Relationship Education to all students as part of a fully comprehensive Personal, Social and Health Education curriculum from September 2020.

As part of the school's Personal, Social and Health Education programme, entitled the ASPIRE programme, your child will soon receive teaching on key concepts including:

- Relationships (Healthy and Un-Healthy)
- Drugs and Alcohol and their effects
- Mental Health and Well-Being
- Internet Safety/Consent and the dangers of digital content
- Sex Education/Sexual Health
- Human Rights
- Family/Types of family
- Citizenship
- Your Community
- Careers and Life Skills

The main aim of this Programme is to provide students with knowledge and understanding of the world around them; the communities that they live in; the laws and governments that serve us; their goals, ambitions and careers options, and their personal, social and mental well-being.

Relationship Education is based around the key principals of safe and healthy relationships based on love and respect. This is to encourage the eventual development of safe and healthy relationships in later life. Some specific units will develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage/co-habitation. The ASPIRE Programmes for all year groups will be introduced to the variety of families and relationships including LGB relationships (Lesbian, Gay and Bisexual) and Adoption rights for LGBT parents.


It will be possible for parents to withdraw their children from the teaching of Sex Education (with the exception of that which is taught in the science National Curriculum), but not from the teaching of **Relationship Education**. I feel that it is important to inform you that the sessions have been designed in line with the Department for Education's recommendations, and with support from the PSCHE association, to ensure that the content is sensitive, comprehensively planned and age-appropriate.

Please do not hesitate to contact me if you would like any clarification or to ask any questions.



If you wish to withdraw your child from the lessons on sexual health and Sex Education, please email me at [s.fairweather@smithdonhigh.org.uk](mailto:s.fairweather@smithdonhigh.org.uk) before the programme starts.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Fairweather', with a stylized flourish at the end.

**Miss S Fairweather**  
**ASPIRE Co-Ordinator**