

## SMITHDON HIGH SCHOOL HUNSTANTON

# Year 11 Information and Tutor Evening Thursday 14 September 2023

Work hard, be kind and smile



## Welcome – Headteacher

#### **School of Choice**

#### **Every Day...**

- Teaching and learning happen without interruption
- Everyone is polite and friendly
- Everyone feels safe and supported



## Welcome – Headteacher

#### **Priorities**

- Behaviour and Attitudes
- Attendance
- Outcomes



## Welcome – Headteacher Priorities - Year 11

- Behaviour and Attitudes
  - Self-belief
  - Willingness to try and fail and try again
  - Listen to advice from staff
  - Follow instructions
  - Behaviour for learning



## The Smithdon Seven

- 1. Belief
- 2. Ambition
- 3. Responsibility
- 4. Community
- 5. Prepared
- 6. Respect
- 7. Pride



## Welcome – Headteacher

#### **Priorities - Year 11**

#### Attendance

Above 95%

= +0.2

0 90.1-95%

= +0.1

0 80.1-90%

= 0.0

o 50.1-80%

= -1.1

0-50%

= -3.0



# Welcome — Headteacher Priorities - Year 11

- Outcomes
  - o PPEs, October 2023
  - Assessments & feedback
  - PPEs, February 2024
  - Assessments & feedback
  - Results, August 2024





## Work Hard, Be Kind and Smile



#### The Year Ahead

Week commencing Monday 2 October – Year 11 PPE week 1 Week commencing Monday 9 October – Year 11 PPE week 1

Monday 20 November 2023 - Year 11 Progress Reports and Feedback Forms to Parents

Thursday 18 January 2024 – Year 11 Subject evening

Week commencing Monday 5 February 2024 – Year 11 PPE period 2 Week commencing Monday 12 February 2024 – Year 11 PPE period 2

Tuesday 26 March 2024 - Year 11 Progress Reports and Feedback Forms to Parents

GCSE Exam dates – May and June 2024

Celebration Morning – Date to be confirmed

Prom – Thursday 27 June 2024

GCSE Results Day - Thursday 22 August 2024

Booster session timetable to be circulated

Form Time intervention

Saturday Maths spaces - still available - contact Mrs Evans

## **Post 16 Choices**



- Until students are 18 they can either stay in full-time education, start an apprenticeship, or spend 20 hours or more a week working or volunteering while in part-time education or training.
- Students have updated their CVs to include details of work experience and are currently writing their personal statements which will support applications.
- During directed tutor time students will be shown how to investigate post 16 providers (locally and nationally), identifying different courses and study levels appropriate to their predicted grades.

## Applications



Applications will then be completed through Norfolk County Councils Help You Choose website. Students will be shown how to log in and make these applications.

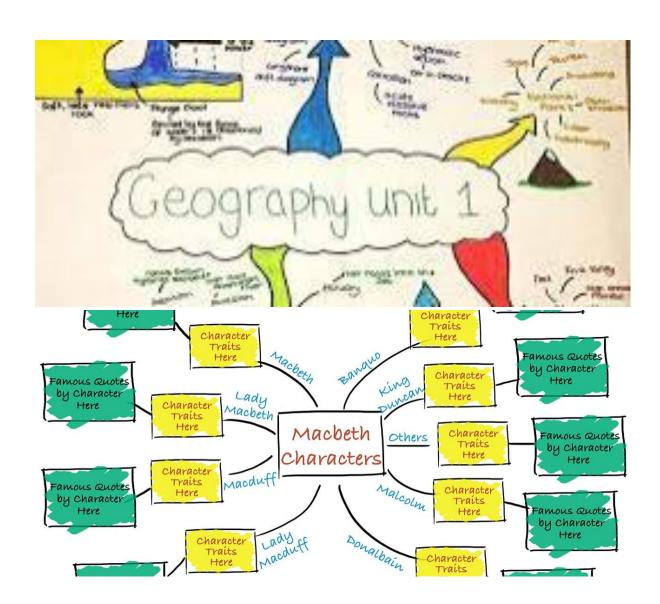
We strongly advise discussions at home regarding these choices, along with booking a virtual one-to-one appointment with our level 6 careers advisor at a time convenient for parents to attend to — either in the evenings or weekends. These can be booked via Miss Fairweather (Smithdon's Careers Lead) along with any questions you may have about the application process or potential routes/courses. Please email

s.fairweather@smithdonhigh.org.uk

## **Revision Techniques**

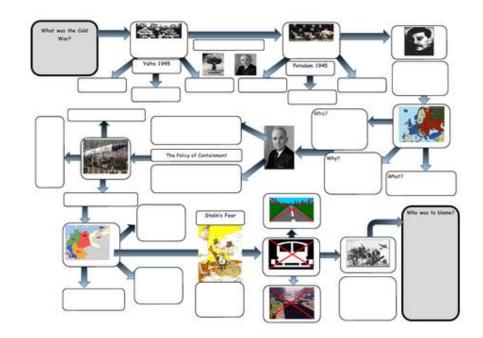
#### Mind Maps

- Visual way to organise information
- Great to revise a topic or study
- Good for most subjects
- You can make them colourful and stick them up in a place where you will see them.



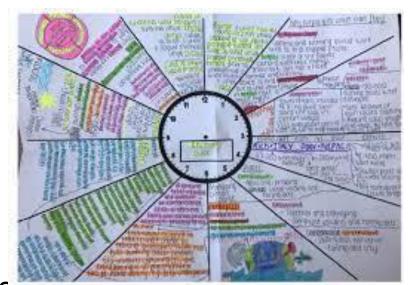
#### **Revision flowcharts**

- Allows you to revise a topic from the start to the end.
- Allows the learning of events, sequences or processes.
- They can include words and images but do not need to be fancy.
- As they are visual they can be placed in a prominent place for learning.



#### **Revision Clock**

- A way of revising which can break a topic down into 12 sub-categories.
- Make notes in each chunk of the clock.
- Revise each slot for 5
  minutes, turn the clock over
  and get someone to ask you
  to recite back certain sections
  of the clock e.g. 'what was in
  section 2-3?'



# Post-it notes



#### Mrs Birling

Mrs Birling represents the upper middle-class (almost aristocratic) old world view of society. She believes that good manners are a way of showing that wealth and status are proper and well-deserved. This is why she praises the cook and manages her children's behaviour so diligently. She also believes the poor are either deserving or not. She thinks Eva's poverty is Eva's own fault and thinks Eva is 'disgusting'.

#### Sheila Birling

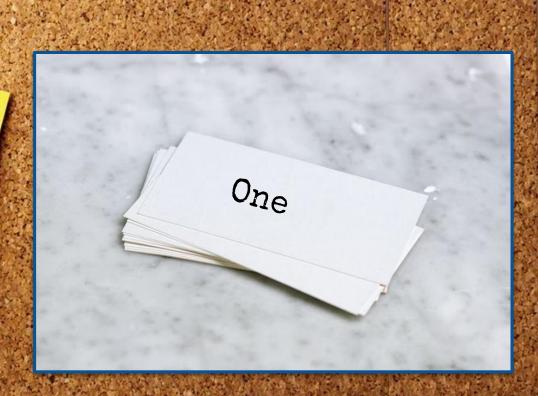
Sheila Birling represents the younger generation who have the opportunity to reflect on how things are and make changes in the world. Although she initially sees Eva as, "impertinent" because Eva appears to break societal norms by being rude to someone of a 'superior' class, the Inspector helps Sheila see that she is in the wrong. Sheila is the hope of a better future, which will come through personal soul-searching and reflection. She also symbolises the increasing independence of women of her status in this era.

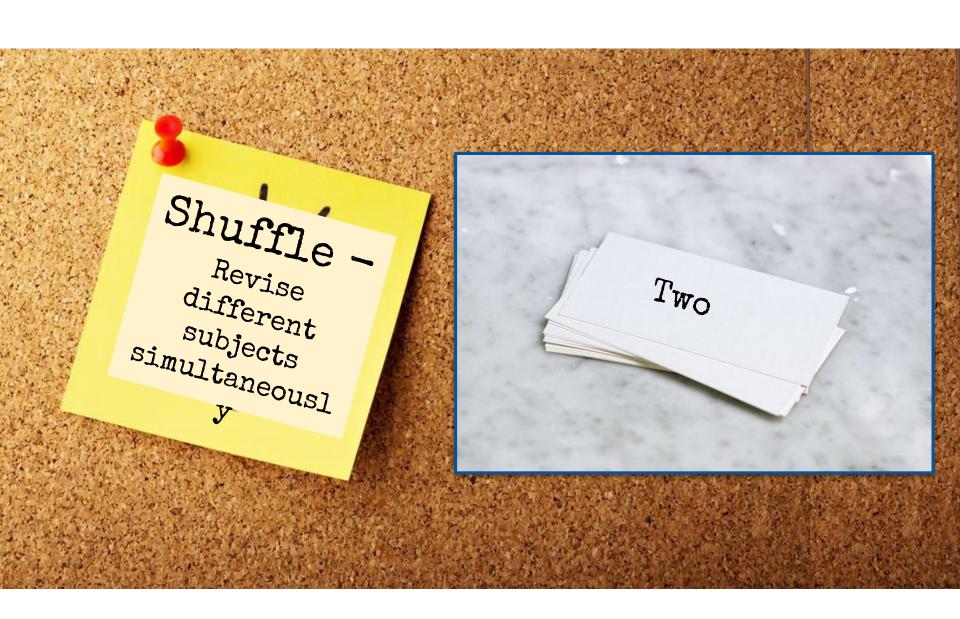




#### **Index Cards**







### A Revision Plan

is the best way to prepare

WEEK BEGINNING:	

DAY	Monday	Tuesday	Wednesday	Thursday	Friday
7-8am					
3-4pm					
4-5pm					
5-6pm					
6-7pm					
7-8pm					
8-9pm					

+
+++
+

DAY	Saturday	Sunday
10-11am		
11-12pm		
12-1pm		
1-2pm		
2-3pm		
3-4pm		
4-5pm		
5-6pm		

#### **Key things to include:**

#### Rest breaks:

- Meal times
- At least one planned relaxation activity per day

   (a hobby, exercise, computer game, catch up with friends, etc)
- Revision sessions put on in school
- Travel time home from school

#### A variety of subjects, not a block of just one

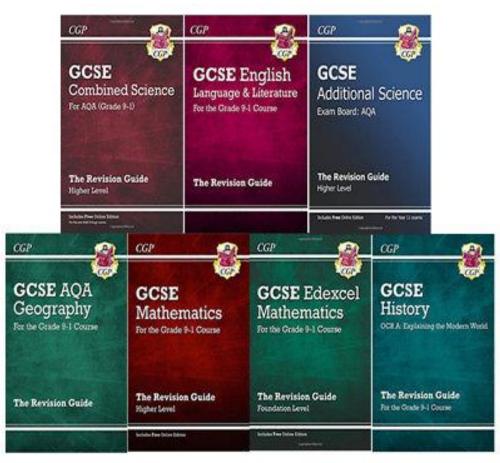
(more than an hour on one subject becomes unproductive)

#### Precise revision topics – not just a vague subject reference

- To ensure you cover all aspects of the subject over the revision periods
- E.g. Maths geometry, English writing, Science biology-bioenergetics

#### **Revision Guides**

Many are available to buy on the school shop







50 Questions Year 11 3<sup>rd</sup> Edition 50 question booklet – test each other

**GCSE POD** 

Everlearner

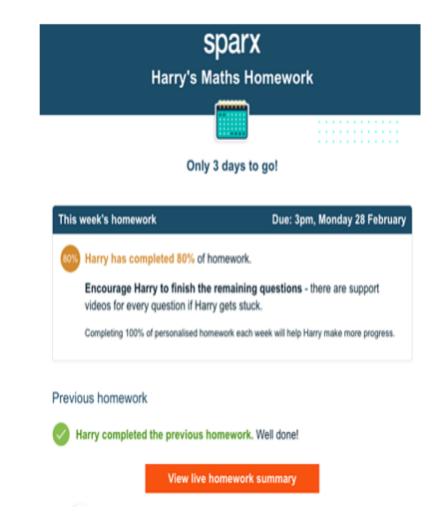
**Sparx Maths** 

If you need passwords reset – speak to staff



## **Sparx Maths**

- Automatic weekly (online)homework
- Weekly emails will be sent to parents from SPARX, to inform you how your child is progressing in their weekly home-work.
- Live summary of home-works on the parent portal.
- P Email (three days beforehand at 4:30pm) automatically sent to parents, from SPARX, to notify them when their child's homework is due.



https://f.hubspotusercontent30.net/hubfs/55 30880/KB%20Resources%20Summer%202021/ Parent%20video v2.mp4



6 dreamstime.com

ID 180880042 @ Artinspirin

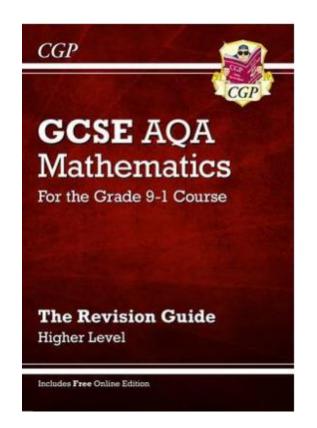
Useful websites - free online resources for independent study:

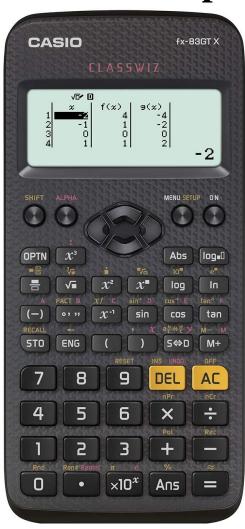


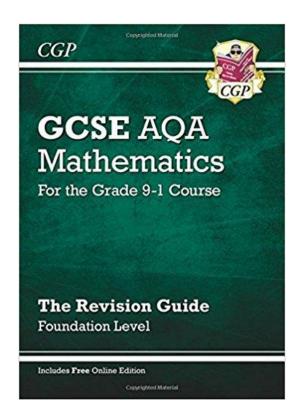




#### Useful resources for independent study:









shutterstock.com · 1766546489

GCSE Revision Guides and Casio Scientific Calculators are available to purchase through the online School Shop.

#### Attendance and Punctuality



#### Getting the balance right

- School work
- Paid work
- Leisure



# Exams and your mental health





## Good eating routines for exams

Always eat breakfast.
Start your day with a
breakfast high in
carbohydrate - cereal or
toast.

Avoid stodgy heavy food at lunch, this can make you feel tired and sluggish.

Base your evening meal on the eatwell guide, this will give you a good balance of all the nutrients you need.

Drink water throughout the day to keep Hydrated.



#### Good foods to eat and foods to avoids

#### Good foods -

- Fish high in omega 3, helps brain function
- Cereal, pasta, rice, potatoes (not chips) - high in carbohydrate you slow release energy



- Eggs, lean meat, milk and soya protein filled foods help with concentration and mental capacity.
- Bananas, cereal bars (low sugar) and carrots stick etc - all healthy snacks.

#### Foods to avoid -

- Fatty foods, crisps, sausage rolls, chicken burgers - anything deep fried.
- Sugary foods sweets, cakes, biscuits you will a little boast in energy but that will then cause a drop and you will be left feeling more tired than before.
- Drinks high in sugar and/or caffeine



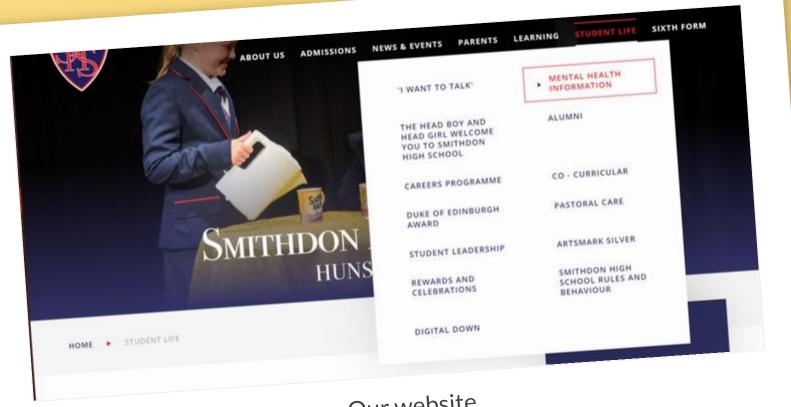






Keep in touch with friends and family

# Stay informed, not overwhelmed



Our website



