



SMITHDON HIGH SCHOOL  
HUNSTANTON

**Year 11 Information and Tutor  
Evening  
Thursday 15 September 2022**

*Work hard, be kind and smile*

# Welcome – Headteacher

## School of Choice

### Every Day...

- Teaching and learning happen without interruption
- Everyone is polite and friendly
- Everyone feels safe and supported

# Welcome – Headteacher

## Priorities

- Behaviour and Attitudes
- Attendance
- Outcomes

# Welcome – Headteacher

## Priorities - Year 11

- **Behaviour and Attitudes**
  - Self-belief
  - Willingness to try and fail and try again
  - Listen to advice from staff
  - Follow instructions
  - Behaviour for learning

# Welcome – Headteacher

## Priorities - Year 11

- **Attendance**

○ Above 95%	=	+0.2
○ 90.1-95%	=	+0.1
○ 80.1-90%	=	0.0
○ 50.1-80%	=	-1.1
○ 0-50%	=	-3.0

# Welcome – Headteacher

## Priorities - Year 11

- **Outcomes**
  - PPEs, November 2022
  - Assessments & feedback
  - PPEs, February 2023
  - Assessments & feedback
  - Results, August 2023

# The Smithdon Seven

1. We believe in ourselves and are proud of our achievements
2. We aim high and accept challenge to achieve our ambitions
3. We take responsibility for our choices, our actions and our environment
4. We work together to support our community
5. We are present, we are equipped to learn, we work hard and we always give our best
6. We are respectful and we listen to others
7. We take pride in the presentation of ourselves and our work



*Work Hard, Be Kind  
and Smile*

# The Year Ahead

Week commencing Monday 31 October – Year 11 PPE week 1

Wednesday 14 December 2022 - Year 11 Progress Reports and smith proformas to Parents

Thursday 12 January 2023 – Year 11 Subject evening

Week commencing Monday 30 January 2023 – Year 11 PPE period 2

Week commencing Monday 6 February 2023 – Year 11 PPE period 2

Tuesday 7 March 2023 - Year 11 Progress Reports and smith proformas to Parents

GCSE Exam dates – May and June 2023

Celebration Morning – Date to be confirmed

Prom – Date to be confirmed

GCSE Results Day – Date to be confirmed

Booster session timetable to be  
circulated

Form Time intervention

# Glossary

## PPEs

Pre Public Examinations also known as mock exams.

## Smith Proforma

A sheet given to students explaining what they have done well, what they need to do better, and how they go about doing it.

# Post 16 Choices



- Until students are 18 they can either stay in **full-time education**, start an **apprenticeship**, or spend 20 hours or more a week **working or volunteering while in part-time education or training**.
- Students have updated their CVs to include details of work experience and are currently writing their personal statements which will support applications.
- During directed tutor time students will be shown how to investigate post 16 providers (locally and nationally), identifying different courses and study levels appropriate to their predicted grades.

# Applications



Applications will then be completed through Norfolk County Councils Help You Choose website. Students will be shown how to log in and make these applications.

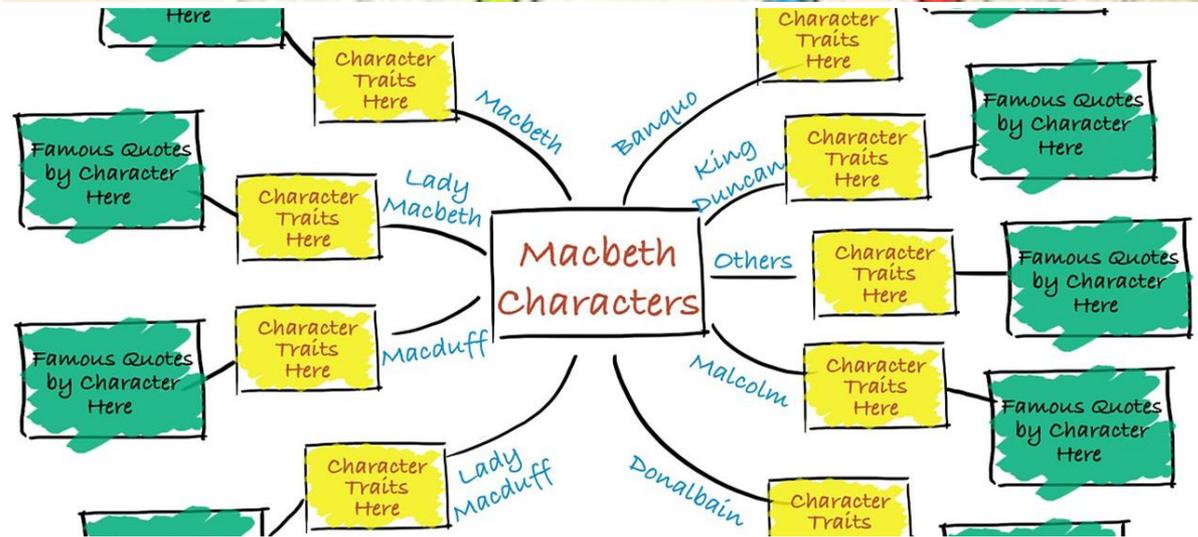
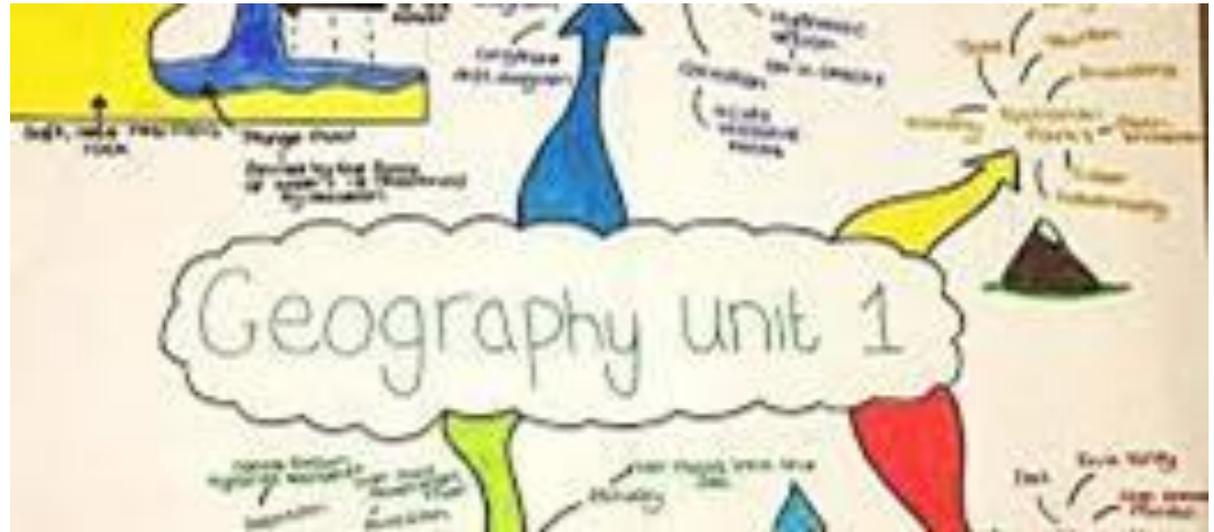
We strongly advise discussions at home regarding these choices, along with booking a virtual one-to-one appointment with our level 6 careers advisor at a time convenient for parents to attend to – either in the evenings or weekends. These can be booked via Miss Fairweather (Smithdon's Careers Lead) along with any questions you may have about the application process or potential routes/courses. Please email

**[s.fairweather@smithdonhigh.org.uk](mailto:s.fairweather@smithdonhigh.org.uk)**

# Revision Techniques

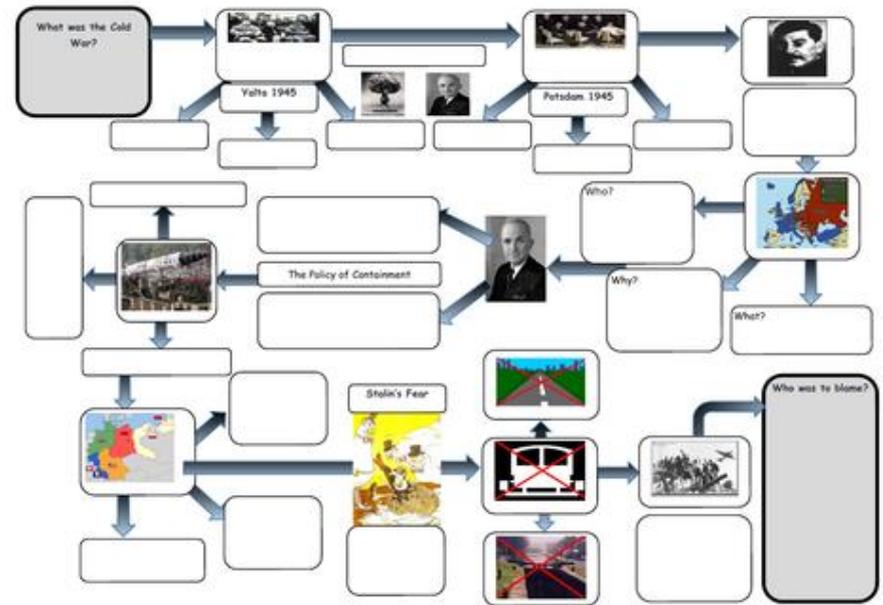
# Mind Maps

- Visual way to organise information
- Great to revise a topic or study
- Good for most subjects
- You can make them colourful and stick them up in a place where you will see them.



# Revision flowcharts

- Allows you to revise a topic from the start to the end.
- Allows the learning of events, sequences or processes.
- They can include words and images but do not need to be fancy.
- As they are visual they can be placed in a prominent place for learning.



# Revision Clock

- A way of revising which can break a topic down into 12 sub-categories.
- Make notes in each chunk of the clock.
- Revise each slot for 5 minutes, turn the clock over and get someone to ask you to recite back certain sections of the clock e.g. 'what was in section 2-3?'







ONE:  
Look  
Cover  
Write

### **Mrs Birling**

Mrs Birling represents the upper middle-class (almost aristocratic) old world view of society. She believes that good manners are a way of showing that wealth and status are proper and well-deserved. This is why she praises the cook and manages her children's behaviour so diligently. She also believes the poor are either deserving or not. She thinks Eva's poverty is Eva's own fault and thinks Eva is 'disgusting'.

### **Sheila Birling**

Sheila Birling represents the younger generation who have the opportunity to reflect on how things are and make changes in the world. Although she initially sees Eva as, "impertinent" because Eva appears to break societal norms by being rude to someone of a 'superior' class, the Inspector helps Sheila see that she is in the wrong. Sheila is the hope of a better future, which will come through personal soul-searching and reflection. She also symbolises the increasing independence of women of her status in this era.

Two:

Reduce

Inspector Goole

- Moral conscience
- Frames audience view
  - Mouth-piece
- We are members of one body

Three:  
Layers

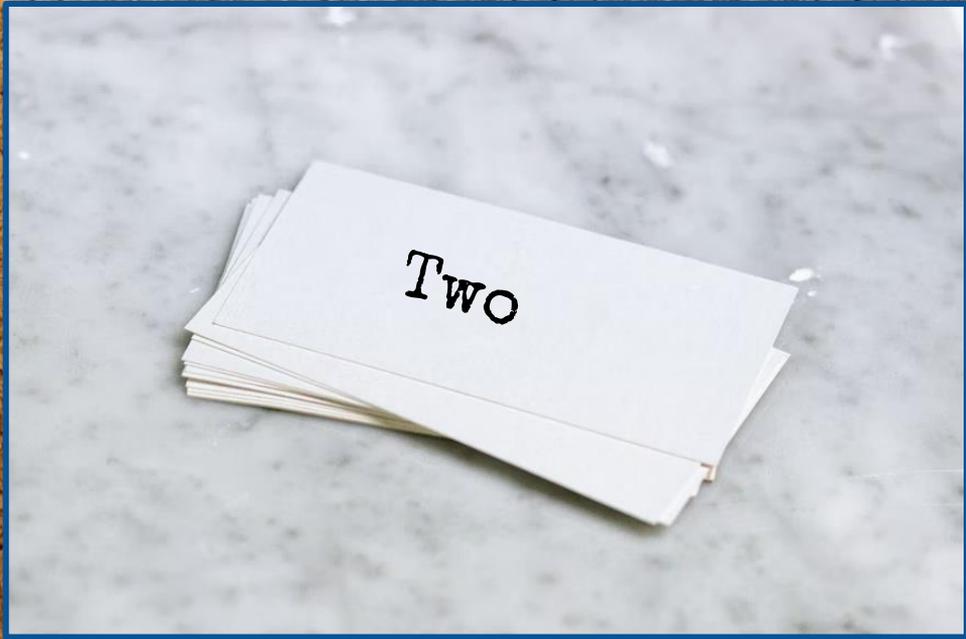


Write the  
question  
on both  
sides



Shuffle -

Revise  
different  
subjects  
simultaneousl  
y



Two

# A Revision Plan

is the best way to prepare

WEEK BEGINNING: \_\_\_\_\_

DAY	Monday	Tuesday	Wednesday	Thursday	Friday
7-8am					
3-4pm					
4-5pm					
5-6pm					
6-7pm					
7-8pm					
8-9pm					



DAY	Saturday	Sunday
10-11am		
11-12pm		
12-1pm		
1-2pm		
2-3pm		
3-4pm		
4-5pm		
5-6pm		

# Key things to include:

- **Rest breaks:**

- Meal times
- At least one planned relaxation activity per day  
(a hobby, exercise, computer game, catch up with friends, etc)
- Revision sessions put on in school
- Travel time home from school

- **A variety of subjects, not a block of just one**

(more than an hour on one subject becomes unproductive)

- **Precise revision topics – not just a vague subject reference**

- To ensure you cover all aspects of the subject over the revision periods
- E.g. Maths – geometry, English – writing, Science – biology-bioenergetics

# Revision Guides

Many are available to buy on the school shop





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50 question booklet – test each other



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GCSE POD

**50 Questions**  
**Year 11**  
**3<sup>rd</sup> Edition**

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Everlearner

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Sparx Maths

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If you need passwords reset – speak to staff

The logo for Sparx Maths features the word 'SPARX' in white, uppercase letters on a black background, followed by 'MATHS' in blue, uppercase letters on a white background.

- SPARX will be replacing Hegarty Maths.
- Automatic weekly (online) home-work
- Weekly emails will be sent to parents from SPARX, to inform you how your child is progressing in their weekly home-work.
- Live summary of home-works on the parent portal.
- Email (three days beforehand at 4:30pm) automatically sent to parents, from SPARX, to notify them when their child's homework is due.

The screenshot displays the Sparx interface for a parent. At the top, it says 'sparx Harry's Maths Homework' with a calendar icon and 'Only 3 days to go!'. Below this, a section titled 'This week's homework' shows 'Due: 3pm, Monday 28 February'. A progress indicator shows '80% Harry has completed 80% of homework.' A message encourages Harry to finish the remaining questions, mentioning support videos. A note states that completing 100% of homework each week will help Harry make more progress. A 'Previous homework' section shows a green checkmark and 'Harry completed the previous homework. Well done!'. At the bottom, there is an orange button that says 'View live homework summary'.

[https://f.hubspotusercontent30.net/hubfs/5530880/KB%20Resources%20Summer%202021/Parent%20video\\_v2.mp4](https://f.hubspotusercontent30.net/hubfs/5530880/KB%20Resources%20Summer%202021/Parent%20video_v2.mp4)

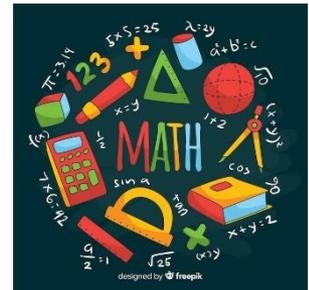


dreamstime.com

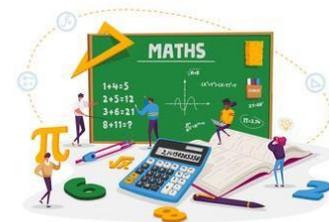
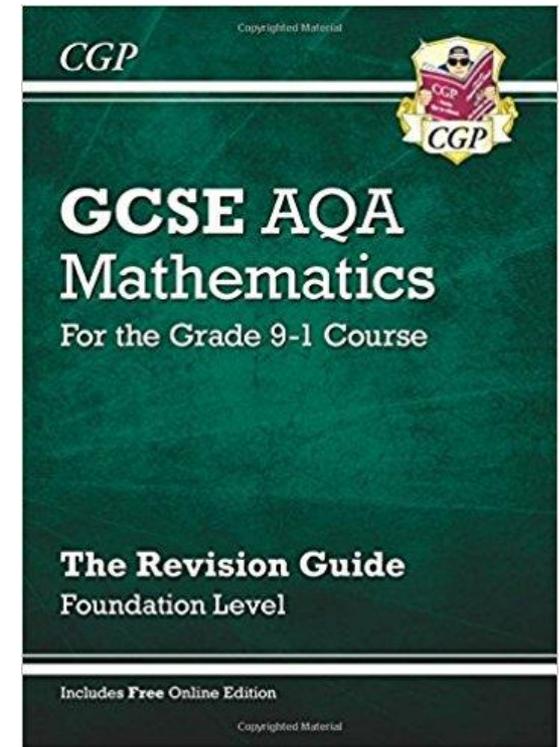
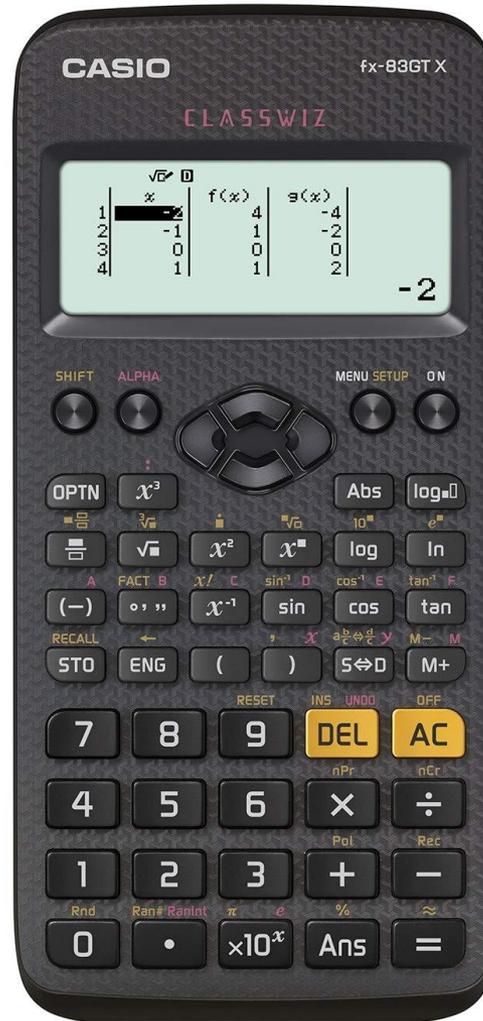
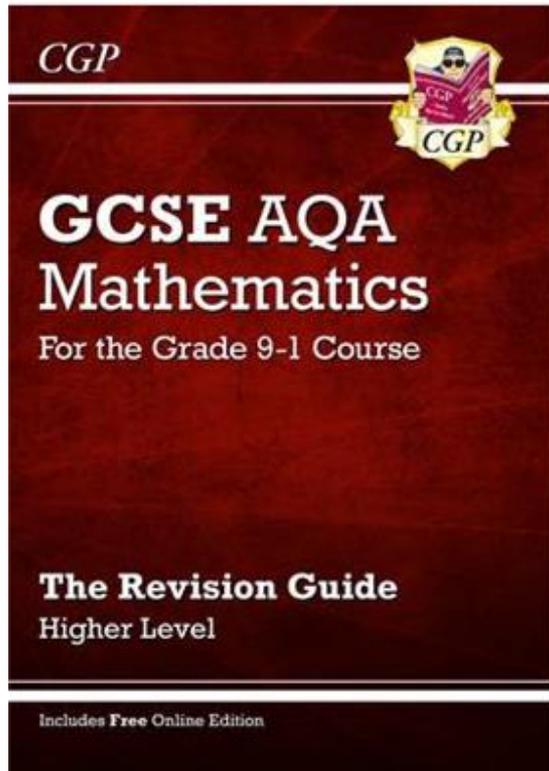
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# Useful websites - free online resources for independent study:

**CORBETTMATHS**  
Videos, worksheets, 5-a-day and much more



# Useful resources for independent study:



shutterstock.com · 1766546489

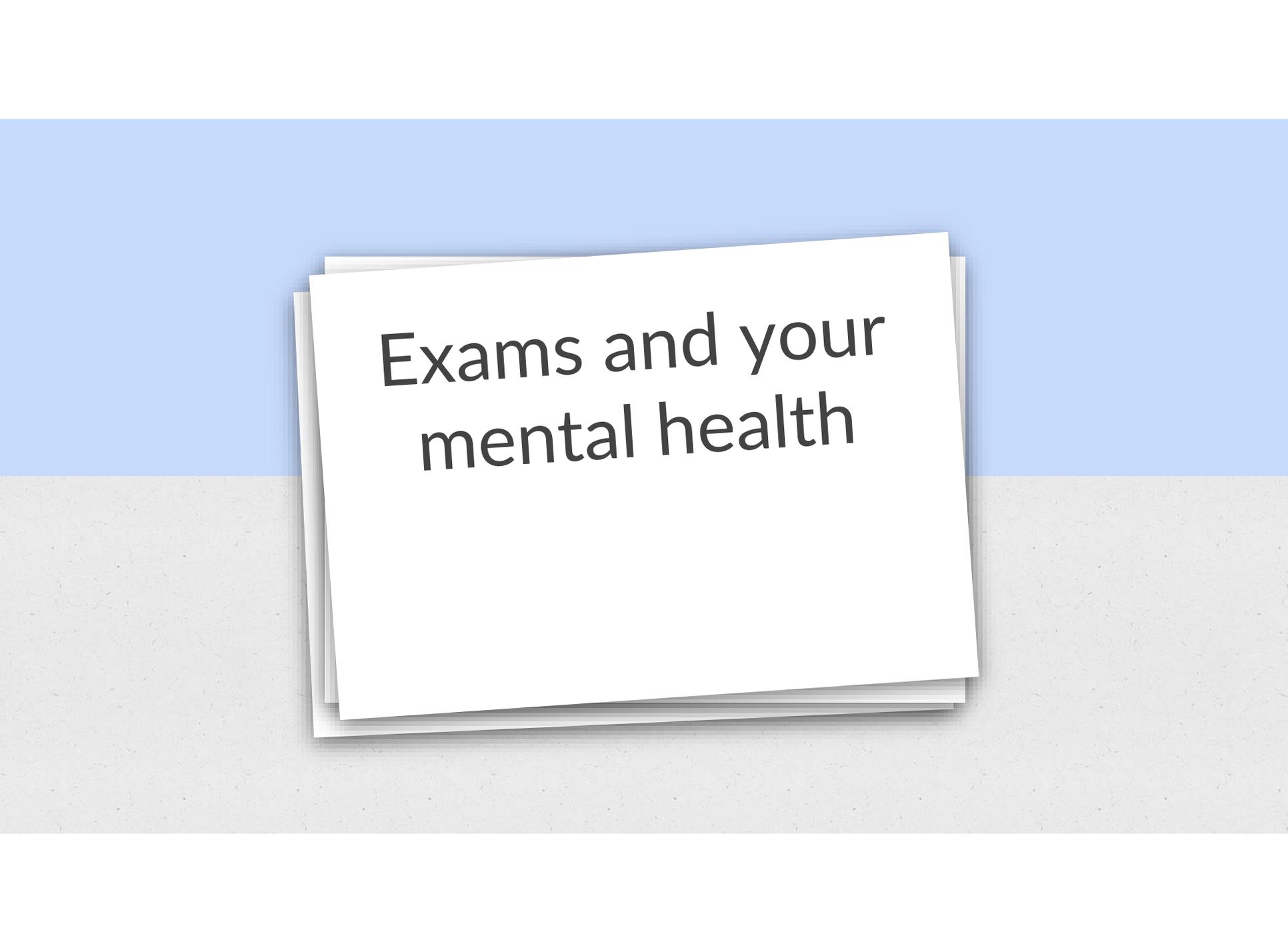
**GCSE Revision Guides and Casio Scientific Calculators are available to purchase through the online School Shop.**



# Getting the balance right

- School work
- Paid work
- Leisure



A stack of three white rectangular papers is centered on a background split into a light blue upper half and a light grey lower half. The top paper is slightly offset to the right and down, revealing the edges of the papers underneath. The text 'Exams and your mental health' is printed in a bold, black, sans-serif font on the top paper. The text is arranged in two lines: 'Exams and your' on the first line and 'mental health' on the second line, both centered horizontally.

**Exams and your  
mental health**



Routine

A stack of three white sticky notes is centered on a background split into a light blue top half and a light grey bottom half. The top note is slightly offset to the right and down, revealing the edges of the two notes underneath. The text "Eat Well" is printed in a simple, black, sans-serif font on the top note.

Eat Well

## Good eating routines for exams

Always eat breakfast.  
Start your day with a breakfast high in carbohydrate - cereal or toast.

Avoid stodgy heavy food at lunch, this can make you feel tired and sluggish.

Base your evening meal on the eatwell guide, this will give you a good balance of all the nutrients you need.

Drink water throughout the day to keep Hydrated.



## Good foods to eat and foods to avoid

Good foods -

- Fish - high in omega 3, helps brain function
- Cereal, pasta, rice, potatoes (not chips) - high in carbohydrate, you slow release energy
- Eggs, lean meat, milk and soya - protein filled foods help with concentration and mental capacity.
- Bananas, cereal bars (low sugar) and carrots stick etc - all healthy snacks.



Foods to avoid -

- Fatty foods, crisps, sausage rolls, chicken burgers - anything deep fried.
- Sugary foods - sweets, cakes, biscuits - you will a little boost in energy but that will then cause a drop and you will be left feeling more tired than before.
- Drinks high in sugar and/or caffeine



A stack of three white sticky notes is centered on a background split into a light blue top half and a light grey bottom half. The top note is slightly offset to the right and down, showing the edges of the two notes underneath. The text "Sleep well" is written in a simple, black, sans-serif font on the top note.

Sleep well

A stack of white sticky notes is centered on a background split into a blue top half and a grey bottom half. The top note is slightly offset to the right and down, showing the edges of the notes underneath. The text 'Keep active' is written in a simple, black, sans-serif font on the top note.

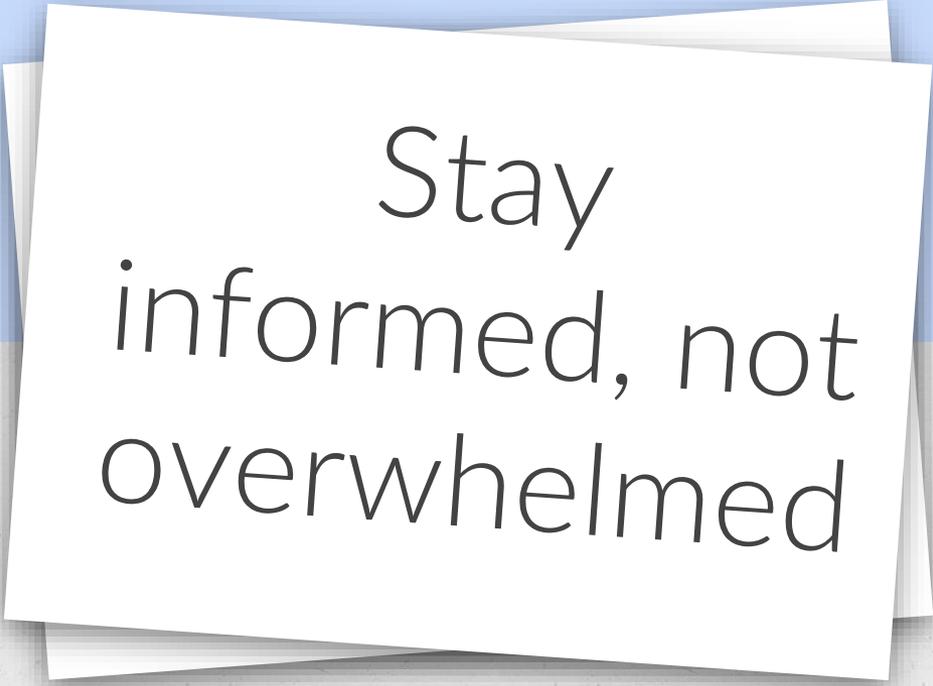
Keep active



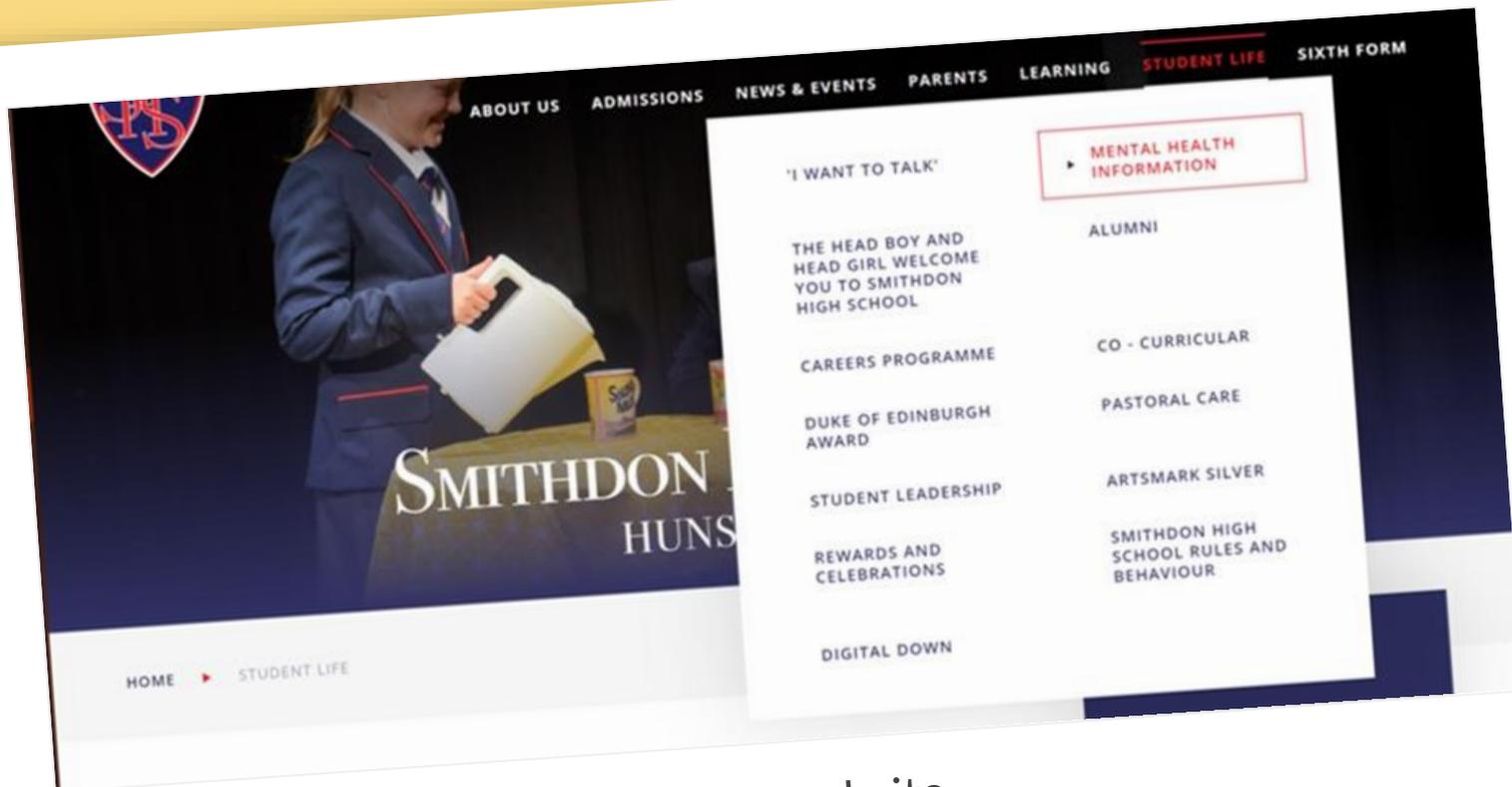
Keep  
learning

A stack of white sticky notes is centered on a background that is light blue at the top and light grey at the bottom. The top note is slightly offset to the right and down, showing the edges of several other notes underneath. The text on the top note is written in a simple, black, sans-serif font.

Keep in touch  
with friends  
and family

A stack of white sticky notes is centered on a background that is light blue at the top and light grey at the bottom. The top note is slightly offset to the right and down, showing the edges of the notes underneath. The text on the top note is written in a simple, black, sans-serif font.

Stay  
informed, not  
overwhelmed



Our website

**and anonymous  
online counselling  
and support**

**"I don't think I could've spoken  
to someone face-to-face."**



Chat to our  
friendly counsellors



Read articles written  
by young people



Join live  
moderated forums

**kooth**

Kooth



Other sources of support